

MODELS OF PRIDE 26: PARENT & PROFESSIONAL INSTITUTE WORKSHOPS

Advocating for LGBTQ Immigrant Youth Rights

Session 3 (3:15PM- 4:30PM), Board Room North, 303

Workshop participants will learn about LGBTQ immigrant youth legal rights. Through an interactive presentation and discussion, we will explore procedures, resources, and youth experiences related to facing immigration court, seeking lawful status in the United States, and addressing trauma.

Stephanie Spiro
Central American Resource Center (CARECEN)

Asexuality for Parents & Professionals

Session 2 (1:30PM- 2:45PM), Los Angeles (B), 308B

This presentation will cover health issues surrounding the asexual community in order to better inform and educate medical and mental health professionals, as well as caregivers and other practitioners unfamiliar to issues affecting youth who identify along the asexual and aromantic orientation spectrums. We will cover basic terminology, sensitivity training, and suggestions for fostering a safe space for asexual youth.

Izzy Lee
Ace Los Angeles

Beers & Queers: Understanding Substance Use in LGBTQ Youth

Session 2 (1:30PM- 2:45PM), Pasadena, 307

Why are LGBTQ youth more likely to use drugs and alcohol? This workshop will explore the causes and consequences of drug use in LGBTQ youth. We will provide practical solutions and practice strategies that will help you navigate the drug talk. In this Interactive workshop we will ditch the scare tactics and boring drug lectures to help you communicate with your teen. BYOB (Bottled Water).

Alan Pineda, CATC I, & Alejandro Martinez, DVPT, MFTT
Sunrise Community Counseling Center

Beyond Safe Spaces: Tools for Parents and Caregivers

Session 2 (1:30PM- 2:45PM), Board Room North, 303

Beyond Safe Spaces: Tools for Parents and Caregivers will give parents and caregivers of LGBTQI2-S youth tools to support their youth and their families. In this workshop, participants will be equipped with inclusive and safe language, an understanding of the complexities of coming out for youth and coming out as a family, and will learn the difference between accepting and rejecting behaviors to implement at home

Jace Dawson
The Wall-Las Memorias Project





Creating Bias-Free Classrooms: Stopping Homophobia

Session 2 (1:30PM- 2:45PM), Los Angeles (A), 308A

This session introduces an effective professional development program for educators who want to make school safer and more inclusive for students affected by homophobia. Creating Bias-Free Classrooms uses teenage actors in a theatrical performance that shows how a teacher's failure to respond to homophobic bullying impacts every student.

Lori Nelson, & Kevin Blake
ENCOMPASS/Western Justice Center

Developing Critically Engaged Student Leaders

Session 1 (10:30AM- 11:45AM), Pasadena, 307

In this workshop, we will provide tools and skills to help advisors sustain their school's GSA and teach students how to become leaders who are critically engaged in the LGBTQ community. We will also cover how advisors can overcome challenges with their club and make it more self-sustaining.

Lauren Moreno, & Tasha Colin
Expanding Identities

Embracing Our Scars: Self-Harm 101

Session 3 (3:15PM- 4:30PM), Pasadena, 307

Self-harm is a topic that is not talked about enough, especially with growing concerns for the safety of LGBTQ youth. As youth-serving professionals, it is important to know and understand the types of self-harm, when it happens, and risk factors. It is also important to provide protective factors for LGBTQ youth in helping to replace self-harming behaviors with positive behaviors/coping strategies. In the workshop, there will be a brief activity focusing on creating an on-the-go coping skills list to use with youth who are going through a difficult time. The idea of "printing one's scars" will be introduced as an empowering intervention for those who have self-harmed in the past.

Bree Wiles
University of Southern California

Fat & Happy: Empowering Youth of Any Size

Session 2 (1:30PM- 2:45PM), Los Angeles (C), 308C

We want the people we love to be healthy, happy, and loved, but sometimes our own issues with body image or being fat end up hurting or alienating those we want to help. We'll examine our beliefs in a safe, non-judgmental space where we're free to ask questions and explore issues around fat, romance, and sexuality. We'll discover new ways to support the people we love at any size.

Dan Oliverio
Author and Public Speaker





From Negativity to Positivity: How to Support Yourself and Your Child

Session 1 (10:30AM- 11:45AM), Board Room South, 303A

You've been hearing about the power of positivity for year, but how can you keep positive when life feels hard and each week brings new challenges and more stress? How do you love or support your child if you also feel judgment and disappointment about their sexual orientation or gender identity/expression? In this interactive workshop, participants will receive insight on how to successfully transform negativity into authentic gratitude and positive communication.

Maia Akiva
Positive Thinking Training

LGBTQ+ Youth in Detention: Keeping Youth Out of Custody

Session 1 (10:30AM- 11:45AM),

LGBTQ youth are over represented in the juvenile justice system. This workshop will explore the different avenues that LGBTQ youth enter the system. Identifying these entry points is critical in developing appropriate interventions to prevent youth from entering the juvenile justice system. Participants will be able to identify community based interventions to keep LGBTQ+ youth from being detained.

Timothy Vallez, ASW
Los Angeles County Probation

Making Inclusion Reality: Implementing California's Comprehensive Sex Ed and LGBTQ History Laws

Session 3 (3:15PM- 4:30PM), San Gabriel, 313

What are youth learning in California public schools about gender and sexuality? This workshop is for adults interested in ensuring students get inclusive and comprehensive sex education and history/social science instruction pursuant to California law. We'll also talk about response strategies when schools are not fulfilling these requirements. Participants will be able to share success stories and challenges from their local communities and access ACLU advocacy toolkits and "know your rights" materials.

Amanda Goad, & Adrian Acencion Martinez
ACLU Foundation of Southern California





NB 101: The Basics of Nonbinary Identity

Session 1 (10:30AM- 11:45AM), Los Angeles (C), 308C

This workshop introduces and explains the basic concept of nonbinary identity, focusing on nonbinary social issues and etiquette. It addresses intersex issues, gender diversity across cultures and throughout history, and gender neutral language. Participants will leave with an increased understanding of nonbinary experience and skills for addressing nonbinary youth including basic vocabulary for discussing gender variance, appropriate therapeutic interventions to gender diversity, and experienced including a Q&A session with the nonbinary facilitators.

Nick 556, & Alexx Souter

OUT for Safe Schools®: What Does it Mean to Be an Active Adult Ally?

Session 3 (3:15PM- 4:30PM), Los Angeles (A), 308A

In this workshop, participants will be introduced to the OUT for Safe Schools® Campaign and review the newly released lesson plans for LGBTQ+ History. Attendees will be provided with an overview of OUT for Safe Schools® campaign as a framework for increasing adult visibility, introduced to examples of how adult allies can use their skills to increase supports for LGBTQ students, and be able to troubleshoot ways they can be stronger adult allies in their professional context. We will also discuss strategies to be adult allies to LGBTQ+ youth in work settings and amongst peers.

Krystal Torres-Covarrubias
Los Angeles LGBT Center

Parenting the Trans Teen: What Happens After Transition Starts

Session 3 (3:15PM- 4:30PM), Los Angeles (C), 308C

So you are supportive, using name & pronouns, and maybe your teen has even started medical transition - now what? Parenting a teen can be very challenging. Adding the transgender experience to it can overwhelm a parent. This workshop will give parents insight into the trans/gnc teen. We will be working to understand the unique needs of each youth, finding common ground between youth & parents (caregivers), and exploring communications skills to best carry our message as parents or caregivers of love and hope for their future.

Kathie Moehlig
TransFamily Support Services





Post-Transition: How You and Your Child Will Make it Through

Session 3 (3:15PM- 4:30PM), Los Angeles (B), 308B

Transitioning: even for the most supportive of parents it can bring up anxieties. In this session you will have the opportunity to sit down with a young trans man who has traversed stages of medical, legal, and social transition and ask the questions that keep you up at night. How do I help my child recover from surgery? Is it true that hormones make you sweaty and angry? What about insurance companies?! We can't guarantee one-size fits all answers, but we can guarantee honesty, support, and a space free of judgment for wherever you are in your journey.

Skyler Chavez-Clarke

PrEP/PEP: Options for HIV Prevention

Session 2 (1:30PM- 2:45PM), Board Room South, 303A

Do you want to support the youth in your life make informed decisions about their health? Unsure about some of the latest harm-reduction practices related to HIV transmission and prevention? In this workshop you will learn the basics of PrEP (pre-exposure prophylaxis) and PEP (post-exposure prophylaxis), how they are used in HIV prevention, where to access these services, and strategies on how to best communicate the basics of safer sex practices with your child.

Stuart Slechta, & Adriana Casas
PrEP4Life (Tarzana Treatment Centers)

Queering Schools: Partnering With Educators To Create LGBTQ-Positive, Gender-Expansive Schools And Classrooms

Session 3 (3:15PM- 4:30PM), Montebello, 309

Karyl Ketchum, Cal State Fullerton professor and author, and 35-year veteran elementary school teacher, Lisa Richardson, discuss how to "queer" school curriculum, classroom environments, and teaching strategies. Drawing from their new text, "Gender Diversity and LGBTQ Inclusion in K-12 Schools: A Guide to Supporting Students, Changing Lives.", discussion will include ideas and techniques geared toward elementary school, as well as middle and high school.

Karyl E. Ketchum, Ph.D., & Lisa Richardson
California State University, Fullerton





Stuck in the Middle? Faith, Family, and Your LGBTQ Child

Session 2 (1:30PM- 2:45PM), Alhambra, 305

When your child comes out, your emotions may be pulled in different directions. Can you support your child? What does this mean for your faith? Can you protect your child from harmful religious voices while encouraging their spiritual journey? What about your Catholic grandmother or your Evangelical sister? These panelists have all navigated religious crossroads. They will share their experience and provide a safe space for you to tell your stories.

Mareitte Sawchuk, Rev. Ed Hansen, Stuart Huggins, Karen Mason, & Rev. Jerrell Walls
PFLAG Los Angeles

Talking with LGBTQ Teens: Keys to Communication

Session 2 (1:30PM- 2:45PM), San Gabriel, 313

Talking to any teen can be difficult; learning how to communicate with your LGBT teen and understanding their world presents an entirely new set of challenges. In this highly interactive workshop explore how the influences of a hetero-centric communication styles can affect your conversations with your teen, learn tools to bridge the gap, and build awareness of the needs of your LGBT teen.

John Sovec MA, LMFT
The Life Group LA

Teaching Tolerance and Respect in the Classroom

Session 1 (10:30AM- 11:45AM), Los Angeles (A), 308A

Whether you're looking to bring your classroom up to date with California teaching standards, or simply embrace students of different identities, you may be unsure where to start. In this interactive workshop, professionals will have the opportunity to learn from an experienced educator who has worked to make different elements of their classroom affirming of LGBTQIA students. Teachers will receive lesson plan ideas to infuse curriculum with lessons on character and respect towards LGBTQIA.

Genevi Loeb
GSA Sponsor and LGBTQIA Advocate





The Parent's Point of View: From Coming Out to Becoming An Ally

Session 1 (10:30AM- 11:45AM), Los Angeles (B), 308B

Becoming aware that our kids may be LGBTQ sets in motion a process of exploration and, hopefully, growth in us as parents. We can help each other develop the comfort and skills that enable us to be the best parents and LGBTQ allies we can. Parents of LGBTQ children will share personal stories, exploring how families of varying backgrounds handled their child's "coming out," and where they are on their journey. We will also provide resources for support, with time for questions about your own family experience.

Liz Mullen, & PFLAG Los Angeles Speakers Bureau
PFLAG Los Angeles

Unleashing Empowerment: Helping LGBTQIA Youth Activate their Inner-Queer Superhero

Session 1 (10:30AM- 11:45AM), San Gabriel, 313

Growing up LGBTQIA is not always easy; from outright homophobia to well-intentioned microaggressions, queer-phobia leaves scars that wound our youth on emotional, relational, and even physical levels. In this workshop, psychology professor and LGBT-affirmative psychotherapist Michael Anthony-Nalepa will teach you how to see past a child's internal and external bullies, quickly identify a their hidden skills and inner-strengths, and ultimately unlock their inner-queer superhero.

Michael Anthony-Nalepa, LMFT
The AnonymoUS Initiative

Ver Película: Ojos Que No Ven/ Movie Screening: Eyes That Do Not See

Session 1 (10:30AM- 11:45AM),

Ojos Que No Ven is a story that explores a mother and daughter's relationship and their differing views of gender, sexuality and expression. The film is based on the filmmaker's experience of joining a support group for young, queer women in the Bay Area and their families. Following the screening, she'll host a talk-back with attendees and begin exploring how attendees can relate. After watching the film, participants will feel empowered to have discussions about how to increase acceptance of LGBTQ people in our Latinx community.

Patricia C. Ovando, & Janet A. Quezada
Filmmaker





Want to Connect w/ LGBTQ+ Youth? Try YouTube.

Session 3 (3:15PM- 4:30PM), Board Room South, 303A

Of U.S. Internet users ages 10 to 17, 91% are on YouTube. It's a great place for makeup and video game tips, but it's also a great place to connect LGBTQ+ youth to a larger community. The It Gets Better Project helps to make it that way. Come to our session, and walk away with new skills and ideas for how you can use YouTube to connect with LGBTQ+ youth in your life.

Justin Tindall
It Gets Better Project

What You Don't Know About Your Child's Identity

Session 3 (3:15PM- 4:30PM), Alhambra, 305

This session gives an opportunity for family members to gain a deeper understanding of their LGBTQ child's inner world, allowing for compassion and affirmation to replace confusion and rejection. By examining the unique challenges of growing up LGBTQ, participants will recognize the critical nature of their role, and emerge feeling empowered and equipped with strategies to better support their child.

Linda K. Reeves, LMFT
The Prism Institute

